Lenawee Community Mental Health Authority

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Board Meeting Minutes

April 25, 2024

Present: A. Palmer; J. Ackley; J Goetz; H. Terrill; N. Eaton Gordon; E. Starlin; D. Reed

Absent: D. Stimpson; R. Tillotson; T. Kelly; N. Smith; N. Wilson

Staff: K. Szewczuk; J. Bradley; B. Briggs; H. Owen; T. Gerdeman; N. Feller

1. CALL TO ORDER

The meeting was called to order at 3:01pm by Amy Palmer, Board Chair.

2. PREVIOUS MINUTES

MOTION BY J GOETZ to approve previous minutes dated March 28, 2024. SUPPORTED BY H. TERRILL. MOTION CARRIED.

3. PUBLIC COMMENT

None.

4. RPC REPORT

Trevor Kapp and William Hirschman reviewed the findings of the most recent financial audit.

MOTION BY D REED to accept the findings of the RPC audit. **SUPPORT J GOETZ. MOTION CARRIED.**

5. COMMITTEE REPORTS

a. Consumer Action Committee

E-Race is May 19th. Stefanie reviewed the Regional Customer Service Report. RCAC all county picnic will be held in Lenawee on August 8th at Island Park from 11am-2pm. Next meeting the committee will be voting on Walk-A-Mile statements. UFAM will be in Lansing in May. In-person regional training is November 10th. Child and I/DD reps are still needed.

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b. Operations & Budget Committee

i. Policies

a. Person Centered Planning

MOTION BY N EATON GORDON to approve the Policy #R-818 Person Centered Planning. **SUPPORTED BY H TERRILL. MOTION CARRIED**

b. Service Animals

MOTION BY J GOETZ to approve Policy #A-238 Service Animals. SUPPORTED BY J ACKLEY. MOTION CARRIED.

ii. Data Report

Kathryn reported that in March we had 97 mental health inquiries. 21 were initially referred out. 67 intakes were scheduled, 8 declined or had no need. 24 initial assessments were completed with 2 found to be ineligible, 24 eligible and receiving services. 73% Medicaid, 23% Healthy Michigan, 5% (2) General Fund due to spenddown.

Substance use disorder inquiries in March totaled 48, 3 were referred out with benefits, 2 declined or had no need. 42 were authorized. 28 Healthy Michigan, 10 Medicaid, 4 Block Grant.

Inpatient Hospitalizations – there were a total of 27 admitted to hospital in March. 56% Medicaid, 41% Healthy Michigan, 4% (1) General Fund. 67% had co-occurring mental health and substance use disorders. 33% were previously unknown to us. 6 reported the Family Medical Center as their primary health care provider, 10 with no primary healthcare provider. We were able to divert 6. 11 went in on petition. 1 no show for a follow up appointment.

iii. <u>Finance Report</u>

We are 33% through the fiscal year, at 29% spent, 5% under budget. We are very slightly over budget in the Outpatient, Regional Administration/Recipient Rights, and State Inpatient-Local Share. These types of small fluctuations in specific budget line items can be expected, and will be adjusted in a budget amendment later this fiscal year. We are significantly underspent in Medicaid, but slightly overspent in Healthy Michigan. The General Fund carryforward from FY23 will cover the deficit in General Fund at this time. We are able to contribute about \$196,000 to the fund balance through January. Both investment accounts saw and increase for the month.

MOTION BY N EATON GORDON to approve the finance report and accounts payable report. **SUPPORTED BY J GOETZ. MOTION CARRIED.**

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d. By-Laws Committee

By-Law revisions were presented. No action was taken due to lack of required Board member attendance. By-Law revisions will be voted on at the next meeting with at least 2/3 of voting members.

EXECUTIVE DIRECTOR'S REPORT

- May 17 marks the start of the State budget negotiations.
- Department met with CMH Directors to discuss conflict free access and planning. There
 are still many issues that have yet to be resolved
- We are nearing our limit on GF due to spenddowns and consumers being dropped from Medicaid. We have implemented a GF package to try to avoid waitlists. Kathryn will be meeting with legislators to discuss solutions.
- Recovery housing meetings are still going on.
- One of our Spanish speaking therapists did a presentation on mental health and stress in Spanish to help connect with Hispanic communities. There were over 50 attendees.
- Drug take back day is this Saturday from 10-2 at Hickman Hospital
- E-Race is on May 19th beginning at 9am. 185 participants are signed up so far.
- Summer conference is in June in Traverse City.

Board Chair Report

None

REPORT FROM REGIONAL BOARD

Monroe is at a 3.8 million dollar deficit that has just been reported.

BOARD MEMBER COMMENTS

None

ADJOURNMENT

The meeting was adjourned at 4:13pm.

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