

# Lenawee Community Mental Health Authority

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# Board Meeting Minutes October 31, 2024

- **Present:** N. Wilson; J. Goetz; N. Smith; T. Kelly; H. Terrill; E. Starlin; J. Ackley; N. Eaton-Gordon; D. Reed;
- Absent: A. Palmer; R. Tillotson; D. Stimpson;
- Staff: K. Szewczuk; T. Good; H. Owen; N. Feller; J. Bradley;

# 1. <u>CALL TO ORDER</u>

The meeting was called to order at 3:00 pm by Nic Wilson, Board Vice-Chair.

#### 2. PREVIOUS MINUTES

MOTION BY N. SMITH to approve previous minutes dated September 29, 2024. SUPPORTED BY J. GOETZ. MOTION CARRIED.

#### 3. PUBLIC COMMENT

Therese Langan from Parkside Family Counseling spoke during Public Comment.

Melissa Vargas and Ryan Vargas from McCullough Vargas & Associates spoke during Public Comment.

#### 4. <u>COMMITTEE REPORTS</u>

#### a. Consumer Action Committee

Holly Terrill reported on this committee, which met on October 16<sup>th</sup>. Holly's position as Chair expires in 2025. Jim Thompson is the current Vice Chair and will become Chair when Holly vacates. Two people were interested in the 2025-2028 Vice Chair role. A vote was held and Todd Ackley was voted in as Vice Chair.

Several members' terms are expiring. Each would be interested in continuing on the Committee.

**MOTION BY N. SMITH** to extend the terms of Holly Terrill, Cara Snyder, and Suzanne Nowicki-Roman. **SUPPORTED BY E. STARLING. MOTION CARRIED**.

#### b. Operations & Budget Committee

Nate Smith reported on this committee which met on October 16<sup>th</sup>.

i. Policies

MOTION BY N. SMITH to approve policies R-812 Consumer Employment; R-813 Advanced Directives and DNR Orders; R-845 Access System; and R-838 Diagnosis and Clinical Formulation. SUPPORTED BY N. EATON-GORDON. MOTION CARRIED.

**MOTION BY N. SMITH** to approve policy C-437 Assisted Outpatient Treatment Orders. **SUPPORTED BY J. GOETZ. MOTION CARRIED.** 

MOTION BY N. SMITH to approve policy F-520 Ability to Pay. SUPPORT BY N. EATON-GORDON. MOTION CARRIED.

#### ii. Contracts

A contract is proposed with psychologist Abigail Noe to provide OBRA assessments and guardianship testing.

**MOTION BY N. SMITH** to approve a contract with Abigail Noe through FY<sub>2</sub>6. **SUPPORT BY J. GOETZ. MOTION CARRIED.** 

#### iii. Data Reports

**Mental Health Inquiries:** Kathryn reported that in September we had 99 mental health inquiries. 23 were initially referred out. 74 intakes were scheduled, 2 declined/no need. 60 initial assessments were completed with 16 found to be ineligible, 2 declined, 42 eligible and receiving services. 67% Medicaid, 31% Healthy Michigan, 2% (1) General Fund due to spenddown.

**Substance Use Disorder Inquiries:** In September, Substance Use Disorder Inquiries totaled 39. 2 were referred out with benefits, 5 declined or had no need. 32 were authorized. 18 Healthy Michigan, 9 Medicaid, 5 Block Grant.

**Inpatient Hospitalizations:** There were a total of 31 people admitted to hospital in September, 8 were children. 55% Medicaid, 45% Healthy Michigan. 48% had co-occurring mental health and substance use disorders. 52% were previously unknown to us. 8 reported the Family Medical Center as their primary health care provider, 15 with no primary healthcare provider. We were able to divert 15. 17 went in on petition. 5 no showed for a follow up appointment.

#### iv. Finance Report

We are 92% through the fiscal year, at 81% spent, about 10% under budget. Outpatient, Autism, Recipient Rights and State Inpatient-Local Share are trending the same as July. There was a slight jump in CLS. We are still underspent in GF. At this time, we are showing being able to contribute around \$400,000 to the fund balance. General Fund investment and Hendershot both saw an increase.

MOTION BY J. GOETZ to approve the finance report and two additional voucher lists totaling \$2,833,425.45. SUPPORTED BY N. EATON-GORDON. MOTION CARRIED.

# 5. <u>REPORT FROM EXECUTIVE DIRECTOR</u>

- There is not currently much relevant activity in the legislature. This may change soon depending on the election results.
- Some local providers have been having issues with the Health Plans sending them to the PIHP for payment on services for which the Health Plans are responsible. The Health Plans are responsible for medical care and mild/moderate behavioral health care. The PIHP and CMH cannot reimburse providers for this care. This means that providers aren't getting paid for services they have provided. We have shared our concerns with the Region and the Department. We may need to escalate to the legislature, if its not resolved.
- We are continuing to seek out substance use funding. Kathryn met with James Colaianne to discuss regional funding. She also met with Commissioner Stimpson and will meet with ProMedica to discuss local funding options.
- There has been a lot of conversation about the Department's new requirement regarding modifiers on services provided to groups. We've been able to extend out our payments for part of this fiscal year, but its unclear whether the state will allow us to continue that practice.
- Elizabeth Hertell had a nice session with Bob Sheehan at the Fall Conference. She expressed that she will be done in 2 years and expects to make a lot of changes in that time. She did not provide insight into what kinds of changes she expected to make.

#### 6. <u>REPORT FROM BOARD CHAIR</u>

#### a. November and December Meeting Reminder

November 20<sup>th</sup> will be a full Board meeting. This is usually when Operations and Budget Committee meetings.

On December 18<sup>th</sup> the Operations and Budget Committee will act as the Board.

#### b. 2025 Meeting Schedule

The proposed 2025 Meeting Schedule was presented. Regularly scheduled meetings that fall on a holiday will be rescheduled.

**MOTION BY N. SMITH** to approve the FY<sub>25</sub> Meeting Schedule as presented. **SUPPORT BY D. REED. MOTION CARRIED.** 

## 7. <u>REPORT FROM REGIONAL BOARD</u>

Judy Ackley reported on the Regional Board, which met on October 9<sup>th</sup> and October 30<sup>th</sup>.

The PIHP contact with the State was reviewed at the October 30<sup>th</sup> special meeting. Most of the conversation occurred with an attorney in closed session. The Regional Board has decided not to sign the contract, which is due today at 5 pm. Several other PIHPs have expressed their intent to do the same.

# 8. BOARD MEMBER COMMENTS

Several Board Members spoke positively about their experiences at the Fall Conference.

# 9. ADJOURNMENT

The meeting was adjourned at 4:01 pm.

D. Reed Secretary Date